



## WALKING & BIKING EDUCATION IS COMING TO GREENWOOD!

Hello parents, guardians and students,

Bicycle Colorado will be visiting Greenwood for walking and biking education assemblies and a bicycle rodeo as part of Safe Routes to School. We hope to encourage kids, families and staff to be active and healthy in a safe, fun and sustainable way by walking and wheeling to school.

### **In-School Assemblies - Thursday, May 17th during the school day**

Bicycle Colorado will cover the benefits of walking and wheeling to school, safety tips and laws, signs and signals to prepare students to get around safely on sidewalks and streets.

### **After-school bike rodeo - Thursday, May 17th, 3-4:30PM on the blacktop**

Bicycle Colorado will set up and supervise a course where students can practice bicycle maneuvering and safety skills including stopping, signaling, maintaining balance, dodging “rocks” and riding in a straight line. We will also have Strider bikes and an opportunity for new riders to practice gliding and pedaling off-course.

- **How to participate:**

- Submit the attached waiver to the office.
- Due to a limited number of bikes and space, we are accepting the **first 30 students**.
- Students may bring their own bike and/or helmet, but bikes and helmets will also be provided.
- Adults may either stay or return at the end of the lesson to pick up their child.

As a way to celebrate CCSD's Safe Routes to School initiative and what your children learn during our program, we encourage families to try walking, biking, scootering or skateboarding to or from school this spring or next fall. Some of the benefits of participating include getting exercise, boosting your child's brain power, saving money, decreasing drop-off and pick-up congestion, enjoying the outdoors and spending time with your family!

**Bicycle Colorado looks forward to our visit!**

For more information, please contact Mo McCanna at [maureen@bicyclecolorado.org](mailto:maureen@bicyclecolorado.org).

